

Module 5 'Energize For Success'

Presented by Vimala Dasi & Jaya Sila Dasa

'The Energy Principle'

How to apply your positive energy!



Pour on the energy

Energize each other... for being able to work together to the other side of conflict

Transform Conflict

into

Loving Relationship

Resolving Conflict

More than 'Quick Fix'

Proactive energising...
builds trust



What do I really want?

Option 1 -Personal advantage Option 2 -Love & Trust



Build miracles... from molecules



Shift Your Focus...

'From what's going wrong' to 'What's going well... right now!'

Authentic Communication

From the Heart!



Pour on the energy

When you reflected back to me, how you could understand why I could easily be disappointed with you, it made such a difference. You helped me to open up to seeing how it was for you... You possess the power of deep reflection and humility.

Pour on the energy

The way you managed to give me the time to explain myself was truly amazing. You remained calm, and gave me all the time I needed to get across my feelings and explain why I was upset. Your patience and understanding was awesome

Pour on the Energy...

'ROLE PLAY'

Fight or Flight Scenario!

Wife - reminds husband who seems to have forgotten his promise to spend time with children so she can catch up on other responsibilities

Husband - getting more and more upset as she doesn't back off

Harsh words...from both sides

Wife - You said you'd take the kids to the park. You never do what you say you are going to do I should have known... why do I even bother?

Husband - I don't have time now, something's come up. You're never satisfied... If it's not one thing... it's the next. It's a waste of time talking to you!

Shining light... on Qualities of Greatness

Getting back to that loving place!



The 5 Drops 'In Action'



Drop the vain







Where to from here?



In order to get **maximum value** from the RRR Five Drop Formula requires **practice and guidance**



- Free ebook 'The Five Drops in Action'
- Live seminars International
- Online personal 1:1 Coaching
- Devotee Care Online Community



FIVE DROP FORMULA

Devotee Care Online Community

(*Priti Lakshanam...* loving exchanges)



Devotee Care Online Community

- Monthly webinars
- Membership site
- Facebook group



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